

**INTERNATIONAL COLLEGE OF PERSON CENTERED MEDICINE  
KUWAIT MEDICAL ASSOCIATION**



**9TH INTERNATIONAL CONGRESS  
OF PERSON CENTERED MEDICINE**

***CULTURE AND PERSON CENTERED  
CLINICAL CARE AND PUBLIC HEALTH IN THE  
EASTERN MEDITERRANEAN REGION***

**KUWAIT, 18-19 NOVEMBER 2021**



**CONGRESS ANNOUNCEMENT**

**Congress Presidents:** Ihsan Salloum (ICPCM President) and Ahmad Thuwaini AlEnizi (KMA President)

**Organizing Committee:** Chairs: Juan E. Mezzich (Secretary General, ICPCM), Salem AlKandari (Secretary General KMA), Jon Snaedal (ICPCM Board Advisor), Salman Rawaf (ICPCM Board Member), and Kuwait Medical Association representatives.

**International Experts Panel:** ICPCM Board: Jim Appleyard (UK), Michel Botbol (France), Tesfa Ghebrehwet (Canada), Christine Leyns (Bolivia), Juan E. Mezzich (USA/Peru), Helen Millar (UK), Salman Rawaf (UK), Ihsan Salloum (USA), Jon Snaedal (Iceland), Werdie Van Staden (South Africa); and **WMA** President: Heidi Stensmyren (Sweden).

**Expected Participants:** Clinicians and scholars in medicine and related health disciplines, from Kuwait, the Eastern Mediterranean Region, North Africa, and the world at large.

**Introductory papers to Person Centered Medicine** will be sent to registrants prior to the Congress

**Continuing Professional Development (CME) Certificates** will be issued.

**Presentation Formats:** Lectures, Symposia, Workshops, Brief Oral Presentations and guided clinical visits

**Abstracts** deadline is September 30, 2021. Submissions should include title, authors with location and e-address, a text of about 250 words with two references, and be preferably structured with objectives, methods, findings, discussion, and conclusions.

**Congress Secretariat:** Kuwait Medical Association: [draisha@kma.org.kw](mailto:draisha@kma.org.kw), Tel: +965-60036806; Fax: 23555276; P.O.Box 1202 Safat 13013 - State of Kuwait

## CONGRESS PROGRAM

All in Kuwait time

### FIRST DAY THURSDAY 18 NOVEMBER 2021

9:30 – 12:30	<b>Guided Visits to Kuwait Health Care Facilities</b>
14:00 – 15:00	<b>Opening Session of the 9<sup>th</sup> International Congress of Person Centered Medicine</b> <b>Greetings from National and International authorities</b> <b>Lecture 1:</b> Person-centered Care in Arabic Medicine History and Culture. <i>Ihsan Salloum (USA)</i>
15:00 - 16:00	<b>Symposium 1 (Interactive): Quality Medical Care through Person Centered Medicine</b> Chairs: Lead Presentations: <i>Ihsan Salloum and Juan E. Mezzich (USA)</i> (10 minutes) Kuwait Panelists: KMA representatives (20 minutes) International experts' brief comments (10 minutes) Questions & Answers and Conclusions (20 minutes)
16:00 - 16:30	<b>Break</b>
16:30 - 17:30	<b>Symposium 2: Pandemics and Person-Centered Clinical Care and Public Health</b> Chairs: (Each individual presentation 8 minutes) Presentation 1: Pandemics in the Eastern Mediterranean Region: <i>Salman Rawaf (London)</i> Presentation 2: Pandemics and Primary Care. <i>Christine Leyns (Bolivia)</i> Presentation 3: Inter-Professional Collaboration and Pandemics: <i>Tesfa Ghebrehiwet (Canada)</i> Presentation 4: Kuwait speaker Presentation 5: Kuwait speaker Questions & Answers and Conclusions (20 minutes)
17:30- 18:50	<b>Lecture 2:</b> Person-centered Care Perspectives: <i>Heidi Stensmyren WMA President (Sweden)</i> <b>Lecture 3:</b> Current Health Care in Kuwait and Prospects for Person-centered Care. <i>Kuwaiti lecturer</i> <b>Lecture 4:</b> Person-centered vs. Disease-centered Diagnosis: <i>Juan E. Mezzich (USA)</i> <b>Lecture 5:</b> Aging and Person Centered Medicine. <i>Jon Snaedal (Iceland)</i>
18:50 – 19:30	<b>Workshop 1:</b> Clinical Communication and Empathy: <i>Michel Botbol (France)</i>

## SECOND DAY FRIDAY 19 NOVEMBER 2021 (Kuwait time)

9:30 – 12:30	<b>Interactive Workshop on Practicing Person Centered Medicine</b> (Parallel activity: Guided Cultural City Visit).
14:00 – 14:20	<b>Lecture 6:</b> People-centered Public Health in the Eastern Mediterranean Region: <i>Salman Rawaf (London, United Kingdom)</i>
14:20 – 15:00	<b>Workshop 2:</b> Brief Cultural Assessment: <i>Juan Mezquich (USA/Peru)</i>
15:00 - 16:00	<b>Symposium 3: Non-Communicable Diseases and Person-Centered Clinical Care and Public Health</b> Chairs: (Each individual presentation 8 minutes)  Presentation 1: Non-Communicable Diseases and Primary Care: Christine Leyns (Bolivia)  Presentation 2: Doctor-Patient Collaboration in Pandemics. <i>Jim Appleyard (London)</i>  Presentation 3: Person-centered Rehabilitation: <i>Salem AlKandari (Secretary General KMA)</i>  Presentation 4: Kuwait speaker  Presentation 5: Kuwait speaker  Questions & Answers and Conclusions (20 minutes)
16:00 - 16:30	<b>Break</b>
16:30 – 17:30	<b>Symposium 4: Mental Health and Health Promotion</b> Chairs: (Each individual presentation 8 minutes)  Presentation 1: Mental Health Comorbid Conditions: <i>Helen Millar (UK)</i>  Presentation 2: Mental Health and Family Violence: <i>Michel Botbol (Paris)</i>  Presentation 3: Culture and Health Promotion: <i>Werdie Van Staden (Pretoria, South Africa)</i>  Presentation 4: Person-centered Mental Health Care for Kuwaitis & Immigrants: <i>MA Zahid (Kuwait)</i>  Presentation 5: Kuwait speaker  Questions & Answers and Conclusions (20 minutes)
17:30 – 18:30	<b>Brief Oral Presentations</b> (Kuwait young professionals and others)
18:30 – 19:30	<b>Closing Session</b>  Congress Conclusions  Presentation of the Kuwait Declaration  Next Steps