**13th GENEVA CONFERENCE ON PERSON CENTERED MEDICINE**

***SELF-CARE AND WELL-BEING IN THE TIMES OF COVID-19***

**5 – 7 April 2021**

VIRTUAL EVENT



12th GENEVA CONFERENCE ON PERSON CENTERED MEDICINE

*PROMOTING WELLBEING AND OVERCOMING BURN-OUT*

March 25 - March 27, 2019

Main Conference Hall, WCC-Council of International Organization of Medical Science

1 route des Morillons 1218 Grand-Saconnex (near WHO)Enviado en:15:10

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**VIRTUAL CONFERENCE ANNOUNCEMENT**

**Organizing Committee:** Jon Snaedal (President, International College of Person Centered Medicine, ICPCM), C. Robert Cloninger and Austen El-Osta (Conference Program Co-Directors), Juan E. Mezzich (Secretary General, ICPCM), Michel Botbol (Secretary for Publications, World Psychiatric Association), Tesfamicael Ghebrehiwet (Former Officer, International Council of Nurses), Hellen Millar (ICPCM Board Director), Ihsan Salloum (World Psychiatric Association Classification Section), Werdie Van Staden (Professor of Psychiatry & Philosophy, University of Pretoria, South Africa), and Jim Appleyard (ICPCM Board Advisor).

**Expected Participants:** Clinicians and scholars in medicine and related health disciplines as well as other health stakeholders. The registration fee is 50 Euros for persons residing in World Bank Group A (High Income Countries) and 30 Euros for persons in other countries. Half-rate discounted fees for non-professional patients and family representatives, and full time health professional students.

All participants, including speakers, are expected to register as either program participants or general participants. Upon registration, a link to connect to the Conference will be provided.

**ICPCM Continuing Professional Development (CME) Certificates will be issued.**

**Abstracts deadline is March 15, 2021**. Submissions should include title, authors with location and email address, and a text of up to 250 words and two references connected to statements in the text. Abstracts should be preferably structured with objectives, methods, findings, discussion, and conclusions, and reflect either a systematic literature review, a data analysis, a consultation process, or a compelling commentary.

**Conference Secretariat:** For further information as well as Registration and Abstract Forms, please visit [*www.personcenteredmedicine.org*](http://www.personcenteredmedicine.org) and write to the ICPCM Secretariat at Int'l Center for Mental Health, Icahn School of Medicine at Mount Sinai, Fifth Ave & 100 St, Box 1093, New York NY 10029, USA. E-mail: [ICPCMsecretariat@aol.com](mailto:ICPCMsecretariat@aol.com)

**ICPCMsecretariat@aol.com www.personcenteredmedicine.org**

**CONFERENCE PROGRAM OUTLINE**

**FIRST CONFERENCE DAY: Monday 5 APRIL 2021, Geneva Time**

13:00 hours **Opening Session**

* + - **Words of Welcome**
    - **Opening Key-Note Lecture**

14:00 **Symposium 1:** **General health strategies, self-care & person-centeredness in pandemic times**

* How are existing health systems promoting self-care & person-centred care and what we really need to do in the face of current world challenge?
  + - Development of persons-centered integral care strategies in times of Covid-19
    - Self-Care and Inter-Care policies in pandemic times.
    - Q&A and Conclusions

15:00 **Symposium 2: Self-Care Measurement and Determinants**

* How to measure self-care in health promotion, disease prevention & reduction?
* Role of social media as an influencer of mental distress & dissemination of information:
* Employers Responsibilities on a healthy environment for self-care and well-being*.*
* Q&A and Conclusions

16:00 **Symposium 3: Concepts of Well-being and Self-Care amid Social Disruption**

* Bio-Psycho-Spiritual models of well-being and self-care.
* Cultural framework for well-being and self-care.
* Disordered well-being and self-care: The case of addictions and eating disorders.
* Q&A and Conclusions

17:00 **Paul Tournier Prize 2021 Lecture Session**

17:30 – 18:00 **ICPCM General Assembly** (including 2021 Geneva Declaration brief discussion)

**SECOND CONFERENCE DAY: Tuesday 6 April 2021, Geneva Time**

13:00 **Symposium 4: Self-care & well-being in contemporary society and across the life cycle**

* Promotion of self-care & health in individuals: in the face of contemporary life challenges: a lifestyle medicine perspective
* Promoting self-care in children and youth with contemporary challenges to current and future life challenges
* Promotion of self-care & health in the young old in contemporary times
* Q&A and Conclusions

14:00 **Symposium 5: The role of public health systems & professional organizations in self-care and health promotion in pandemic times**

* Academic public health perspectives
* World Medical Association Perspectives
* Nursing Perspectives
* Q&A and Conclusions

15:00 **Panel 1: Advances in Person-Centered Mental Health in Pandemic Times**

16:00 **Panel 2: Advances in Person-Centered Family Medicine in Pandemic Times**

17:00-18:00 **Session on Contributed Brief Oral Presentations**

**THIRD CONFERENCE DAY: Wednesday 7 April 2021, Geneva Time**

13:00 **Panel 3:** **Advances in People-centered Public Health in Pandemic Times**

14:00 **Panel 4: Advances in Person-centered Nursing in PandemicTimes**

15:00-15:30 **Closing Session**

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**ICPCM Institutional Meetings (**by invitation only)

15:30-16:30 **Institutional and Research Development**

* Person Centered Care Measurement Research
* Person Centered Diagnosis Research
* Person Centered Care Educational Programs

16:30-17:00 **IJPCM Editorial Board Meeting**

17:00-18:00 **ICPCM Board Meeting**